

Classes & Events

1- **ATTEND A BREAD CLASS** or **MAKE & TAKE OPEN HOUSE** ~ they are so much fun, with fabulous food & fellowship! A Bread Class is \$15/ person bring your spouse or budding baker! (Delicious Date, Ladies!) Make & Take Open Houses are \$20/person, \$45/family. *The Pasta M & T was a tasty success, all hands participated! Bring your kiddos. They love getting their hands messy! You Make & You Take food home!* All Classes feature the [Bosch Universal](#), [Nutrimill Harvest](#) & now the [B/R/K SIZZLE](#) Pots! Here is the Palmer schedule up at our home...

- **Saturday, March 20, 10 to 4 PM CRACKERS AND FLATBREADS Make & Take Open House** Cheese, Soup, Seed, Graham Crackers, pita bread, some spreads & of course soup! Come, make some goodies & go as you need to, open house style. **EVEN THO GATHERINGS ARE RESTRICTED RIGHT NOW, we at Wholy Living, want to make this event available to anyone who would like to come anyway. It will be a FREE Open House, as a thank you to all our wonderful customers & to give everyone an opportunity to come & have fun & fellowship & enjoy delicious CRACKERS & FLATBREADS.**
- **Saturday, April 4, 10 AM GRAMMY'S KILLER BREAD** If you like Dave's Killer Bread, come & try mine! With sprouted grains, I think it is pretty close to heavenly bread, with explosive nutrients! Take cinnamon rolls home for the family!
- **Saturday, May 2 10 to 4 PM FAST & FABULOUSLY DELICIOUS on the GO FOODS Make & Take Open House** Granola Bars, Haystacks, Seed & Fruit Muffins, Grab & Go Omelets, Energy Bites, Covered Dried Fruit, Trail Mix All so delicious, nutritious & economical when you MAKE IT YOURSELF!
- **Tuesday, May 19, 6 PM POCKET BREAD MEALS on the GO** Fill your freezer with simple meals ready for the road.
- **Saturday, June 6, 10 to 4 PM AMAZING GRAINS - SALADS & MAINS Make & Take Open House** More info coming. You can count on Debbie's recipes, always fabulous!
- **Tuesday, July 21, 5 to 8 PM SALADS GALORE Make & Take Open House** Bring your own jars or use ours, make ahead salads to enjoy as the main course or a side dish. All produce cleaned in our Kangen water tastes delicious, retains freshness days longer, and removes pesticides. Yum, Yum! Enjoy bread with sprouted grains with your salad, of course!



Due to many circumstances beyond our control, the 'Spring Event' is tentatively rescheduled for October 23 & 24.

5 ~ **SPRING PRICING & SHORTAGES:** Prices held pretty steady. Cranberries, Olive Oil, Sunflower Oil, & Extra Virgin Coconut Oil all dropped in price! Thanks to our wonderful suppliers! The *** by an item on the price list denotes a probable out of stock. Lord helping we can have them back for the fall order or before. Go ahead & order them, if you want it, I'll let you know when they are available.

Our #10 cans will be here in a month or two, also.

- **2020 APHEA CONVENTION March 27 & 28 at MULDOON CHRISTIAN ASSEMBLY is cancelled this year. Looking forward to 2021's Convention.**

Were you inspired by our President's STATE OF THE UNION Address? Someone illustrated the last few minutes. It is well worth your time. Will you share with your friends, like I am with you?

The Best is Yet to Come

The video pictures set to the final statement that Trump made during the State of the Union Address.

Powerful.



<https://www.youtube.com/embed/aDrtQIN6CkY>