

Pancake / Waffle Mix

Posted on Sep 22, 2011 ~ Revisited January 2022



- 1¼ cup egg powder (or add an egg/batch)
- 2½ cups milk powder
- 20 cups milled flour (10 cups Prairie Gold & 10 cups whole 7-grain mix)
- ¾ cup baking powder
- 2 tablespoons Pink or Celtic salt
- ½ cup ECJ sugar

Mix all together & store in freezer in a sealed well container.

To make pancakes or waffles use:

- 2 – 3 cups mix
- ½ cup coconut oil, melted or other healthy oil
- 1¾ - 2 cups water (the batter thickens as it sits, so add more water as needed)

Mix & use as pancakes or waffles. Add an egg if you did not have the egg powder.

I drizzle agave syrup which was mixed with maple extract (12 oz to ½ t)