

Lemon Bars

Posted on Oct 01, 2003 ~ Revised January 2022



- 2 c barley flour
- 2 c rolled oats
- 1 c coconut
- 1/2 c sugar
- 1/2 t salt
- 1 c maple syrup or agave syrup
- 3/4 c olive oil
- 6 T lemon juice
- 3 T lemon extract
- 3 T lemon zest
- 2 t vanilla
- 1 c dates

Mix altogether. Bake in an 8×8 inch pan at 350° for 25 minutes or until golden. Makes 1 dozen bars.

This is a very interesting recipe. Dates & lemons are a unique combination! Don't think I've ever tried it. Please let me know your results if you do bake up a batch!