

Sunshine Cookies

Posted on Oct 01, 2006 ~ Revised January 2022



In the blender, process:

- 1 orange whole with the peel
- 3 eggs

Pour into Bosch bowl and blend with:

- 2 cups palm shortening or coconut oil softened
- 1½ cups brown
- 1½ cups white sugar

Add:

- 4 cups freshly milled all purpose mix
- 2 teaspoons soda
- 2 teaspoons salt

Then add:

- 3 cups quick or rolled oats
- 2 cups coconut
- 1 cup flax meal
- 2 2/3 cups Morning Moos milk powder

Bake about 10 minutes. Let sit on cookie sheet before moving to a cooling rack

Always bake a test cookie ~ add more flour if necessary.

These are a favorite of many folks! The orange base is just refreshing! It originated on a Milkman box, back in the 70s.

