

Hobbit Seed Bites

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Mix together:

- 1 cup sesame seeds
- 1 cup millet
- 4 cups sunflower seeds
- 2 cups cashews, walnuts, or pecans (your favorite or use more than one)
- 2 cups pumpkin seeds
- 2 cups ground flax seeds
- 6 cups coconut
- 2 cups dark chocolate chips

Lightly toast these in a 300° oven. Then combine:

- 2 cups peanut butter
- 2 cups honey
- 1½ cups brown sugar or evaporated cane juice
- 1 teaspoon maple powder
- 2 teaspoons salt
- Grated peel of 2 oranges

I find it helpful to heat these ingredients in a pot before adding to nuts and seeds. Mix the dry and wet ingredients thoroughly (a Bosch comes in really handy here), then warm up in large pan in the oven until able to form balls of ¼ cup or so. Wrap balls individually in plastic wrap and keep in glass jar or freezer for a quick and easy snack. Be careful — these are addictive!